

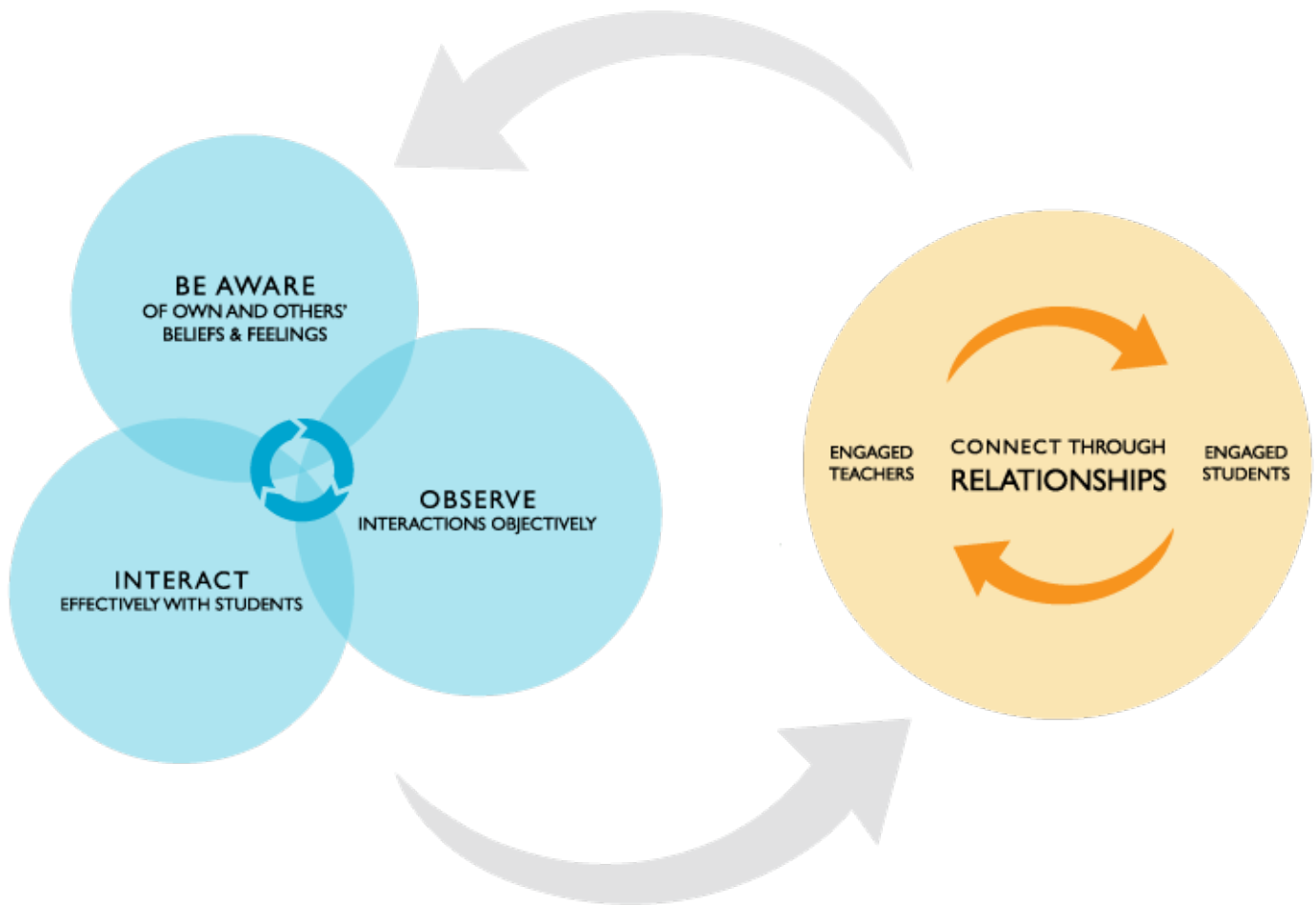


Creating Opportunities through Relationships:
An online teacher professional development program.
Available at: <http://www.corclassrooms.org/>

CREATING OPPORTUNITIES THROUGH RELATIONSHIPS

MODULE 1: THE POWER OF RELATIONSHIPS

The COR Model



Relationships result from repeated **interactions** over time. When positive and supportive, these moment-to-moment interactions build strong connections. Interactions filled with tension and conflict typically build negative relationships over time.

The ability to accurately **observe** classrooms impacts relationships. When you're able to step back and see what's really happening in your classroom, you'll have a stronger understanding of your students' needs and their behaviors.

Awareness of your own – and others' – beliefs, perceptions, and feelings impacts a relationship. Our thoughts, feelings, and perceptions, molded by past experiences, influence how we act and react, how we observe and interpret behaviors, and how we act in future situations.



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MODULE 2: BUILDING RELATIONSHIPS THROUGH AWARENESS



PRACTICAL STRATEGIES	Be mindful in the moment	Observe objectively	Take your student's perspective	Recognize ruts
PRACTICES	Check-breathe-recheck <ul style="list-style-type: none">• Check in with your body• Take 3 deep breaths• Recheck the situation Follow the breath	Consider what you may be looking for Make specific and behavioral observations Incorporate observation into your routine	Stop and put yourself in your student's shoes Check the accuracy of your assumptions	Assess the current state of your relationship Gather information about your relationship



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MODULE 3: INTERACTIONS THAT PROMOTE SAFETY AND HAPPINESS



FEELING SAFE &
HAPPY

PRACTICAL STRATEGIES	Get to know your students	Have fun with your students	Be sensitive to your students
PRACTICES	Engage in social conversations Really listen to them	Find moments to play Bring your enthusiasm	Notice their cues Respond to them



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MODULE 4: INTERACTIONS THAT PROMOTE FEELING CAPABLE AND VALUED

PRACTICAL STRATEGIES	Focus on what matters to students	Give opportunities for leadership and agency
PRACTICES	Draw connections to their lives Be flexible in following their ideas Understand their points of view	Provide them with real responsibilities and a chance to lead Let them move



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MODULE 5: INTERACTIONS THAT PROMOTE ENGAGEMENT IN LEARNING



PRACTICAL STRATEGIES	Create classroom routines	Inspire learning	Build a reinforcing environment
PRACTICES	Clearly communicate and reinforce expectations Be proactive Attend to the positive Have things for students to do	Present cognitive challenge Create hands-on, minds-on involvement	Provide timely and meaningful feedback Encourage group dialogue