



Healing Centered Engagement (HCE)

FEA Empowerment Programs

Since the beginning of the COVID-19 pandemic, the mental health crisis in our schools has become increasingly more severe, and the consequences can be distressing and potentially tragic. FEA has developed an impactful in-district program that has helped many school districts throughout the state support students (and adults) grappling with Adverse Childhood Experiences (ACEs) and trauma through a framework of Healing Centered Engagement (HCE) that supports Positive Childhood Experiences (PCEs).

If your students (and educators) are struggling, FEA's HCE program empowers staff to identify and address the systemic issues hindering students and teachers from attaining their highest educational and personal goals.

Want to Learn More?

Click on the links below to learn more about the program's core principles; how it has been supported through the partnership of various foundations and organizations; how it has helped students, teachers, and communities who are encountering trauma and other difficulties at school or at home; and the opportunities available to you to attend trainings and to collaborate with an FEA coach to begin the healing process.

[Healing Initiative for Schools Needs Help to Keep Going](#) - by Jessica Nugent and Mary Reece

[Engaging Students to Triumph over Trauma and ACEs](#) by Daniel Higgins

[Healing Centered Engagement Fact Sheet](#) by FEA

This initiative supports the pillars of Governor Phil Murphy's Playbook to [strengthen and fund student mental health services](#).

"If I could recommend this specific program to every school I would absolutely do it. I have already reached out to a couple of schools because they need it. They just need the training and the connections and the resources to build a foundation for improvement for themselves and for their school community."

- Dr. Denise King, HCE Coach



Strengthen Your Leadership and Bolster Your Impact

- Power Hours
- Principal Leadership Coaching
- Healing Centered Engagement

Call FEA today!

Contact Dr. Mary Reece today at mreece@njpsa.org or (609) 860-1200 to develop an action plan to help your students and staff through Healing Centered Engagement.





Power Hours: Your 60-Minute Path to a Better School!

Power Hours is an exclusive opportunity for principals like you to engage your teachers for a professional learning package so they can thrive in the modern classroom.

Nine Sessions, Nine Topics, One Hour Each

Power Hours is personalized professional learning with nine unique sessions available, each focusing on a specific topic and presented synchronously by skilled educators to small groups of teachers. And the best part? You get to choose the topics that align with your school's needs, ensuring that your teachers receive the training they need to excel.

The Power Is in Your Hands

Choose some or all of this list of enriching topics that cover the most critical aspects of education:

- Classroom Routines and the Learning Environment
- Clear Goal Setting and Student Self-Assessment
- Letting the Standards Work FOR You
- Releasing Responsibility of Learning to the Learner
- Alignment - The Key to Quality Instruction
- Student Engagement Strategies
- Embedded Assessment Techniques
- Addressing Student Behavior Effectively
- Culturally Responsive Practices & Relationship Building

Flexible Registration Options

We understand that every school is unique, and so are its needs. That's why we offer flexible registration options. Principals can choose from a series of three, six, or all nine sessions, allowing you to tailor the program to suit your requirements. Choose more, save more.

Choose 3 - \$1,200

Choose 6 - \$2,100

Choose 9 - \$3,000

Actionable, Targeted Outcomes

Power Hours are all about practicality and results. Our one-hour sessions are packed with actionable strategies and hands-on activities that ensure teachers walk away with valuable tools they can implement immediately in their classrooms. We focus on real-life scenarios and best practices to help teachers master the skills they need to succeed.

Helping Small Professional Learning Communities (PLCs)

We understand that sometimes you may have specific areas where your teachers need additional support. Power Hours is the perfect solution for small PLCs that want to improve in one particular area. With our focused approach, teachers can collaborate and grow together, enhancing their effectiveness as educators.

Remote Learning via Zoom

In today's fast-paced world, we know convenience is essential. Power Hours is delivered remotely via Zoom, allowing your teachers to participate from the comfort of their own classrooms or homes. This flexible approach ensures that teachers can engage in professional learning without disruptions to their daily routines.

Join Power Hours Today!

Don't miss this incredible opportunity to elevate your school's performance and support your teachers in reaching their full potential. Register for Power Hours and witness the transformative impact it can bring to your school community.

For registration and inquiries, contact Heather Moran at hmoran@njpsa.org. Let's embark on this journey to a better school together!



Principal Leadership Coaching

Empowering Principals
for Success

The role of the principal has changed dramatically over the last two decades and the pathway to excellence is built upon collaboration. The NJPSA/FEA Principal Leadership Coaching Program is a year-long systemic approach to strengthening the knowledge, skills, attributes and behaviors that principals need to grow and sustain great schools.

The support includes a minimum of four hours of personalized coaching per month and targeted professional learning opportunities to address the unique challenges you face.

Why Coaching Matters

Navigating the complexities of educational leadership requires guidance, mentorship, and a strong support system. Principal Leadership Coaching from FEA is your invaluable resource, aimed at providing you with the tools and strategies you need to excel in your role and make a significant impact on your school and community.

What We Offer

- **40 Hours of Personalized Coaching:** Our program offers 40 hours of one-on-one, **non-evaluative** coaching annually. This personalized approach allows you to address your unique challenges and goals, ensuring a targeted and effective coaching experience.
- **Attend FEA Workshops with Your Coach:** In addition to personalized coaching, you will have the opportunity to attend two workshops hosted by the Foundation for Educational Administration (FEA) alongside your dedicated coach. These workshops are specially curated to enhance your leadership skills and provide you with a broader perspective on educational management.

- **Experienced Principals Will Coach You:** Our coaches are not just mentors; they are recently retired and practicing principals who possess a wealth of knowledge and first-hand experience in educational leadership. They understand the challenges you face and are committed to guiding you through your crucial first year as a principal.
- **Focus on Improvement:** The Principal Leadership Coaching program emphasizes the importance of continuous improvement. We work closely with principals and school districts to identify areas that require enhancement, helping you implement effective strategies to foster growth and excellence.
- **Affordable:** This program is priced at an affordable \$9,000 per year, reflecting our commitment to making coaching accessible for all newly appointed principals.

Enroll Today!

Secure your place in the Principal Leadership Coaching project today and equip yourself with the skills and confidence needed to lead your school to new heights. To enroll or learn more about the program, contact Mary Beth Currie at mcurrie@njpsa.org or (609) 860-1200.